



Cross Country

Your child has expressed an interest in participating

Every year children from Appledore School run in the North Devon Glidden & Squire cross country races on behalf of the school. Your child has expressed an interest in running, so here are the details...

- Children aged from year 2 upwards, experienced runners or not, are most welcome to enter and for the last three years runners have run on behalf of the school (and done rather well actually!)
- The six races are held in beautiful locations across North Devon on a Sunday morning. The first being at Kingsley School, Bideford.
- You don't have to run all six and there are many medals and cups for those who participate and/or win as an individual or team.
- To find out more, including how to enter, please visit <http://northdevonxcleague.weebly.com>
- It is possible to enter online, but please be aware online entries close at 9am on Saturday 22nd September. Runners may enter on the day of the first race at race from 8.30am – 9.45am. It's best to get there promptly for this registration.

If your child does enter, please let me know by emailing me at headteacher@appledore-primart.devon.sch.uk and I'll make sure they have a school running vest to borrow for all of the races.

These races are very well organised and supported and I hope as many children as possible take this opportunity.

Best wishes

Head Teacher